



Get active outdoors!

Basketball Courts
Basketball courts in The Town of Aurora are either full court, double net facilities or half court, single net facilities. Please note: Basketball courts are not lit for night use.

Fitness Stations
Vita Parcours is a European fitness concept, involving fitness stations along a trail or walkway. In Aurora, there are 14 exercise stations found across the trails in Sheppard's Bush. Additionally, Ada Johnson Park has a four-station Vita Parcours integrated into its facility. Each station features different exercises, aimed at muscle training, flexibility and endurance.

Outdoor Ice Rinks
The Town of Aurora operates and maintains four large outdoor skating rinks, located in Ada Johnson Park, Confederation Park, Machell Park and Town Park. Rinks are weather-permitting. They are open as early as mid-December, although in typical winters they are open only in January and February. All four rinks are lit for evening enjoyment until 11 p.m. Updates regarding the condition of the skating rinks are posted on the Town's website.

Playgrounds
The Town of Aurora provides 35 year-round playgrounds throughout the Town. They provide recreational opportunities for children of all ages. The Town has been upgrading and replacing playground systems regularly to ensure that equipment is C.S.A compliant and maintained to Town of Aurora Service Level Standards. Inspections are done monthly. Please note: Playgrounds are not supervised by Town staff and children using the equipment should be accompanied and supervised by an adult at all times.

Skateboard/BMX Facilities
Hickson Park is designed to facilitate permanent skateboard and BMX activities. Concrete skate board runs include numerous ramps, transitions, stairs, ledges and rails. A separate BMX loop is designed in a grassed area and consists of a series of jumps, log steps, log and plank bridges, a rock and log circuit and a rock and log spider. There is a soft surface course (earth and mulch) geared for beginners and advanced bikers. Please note: The BMX and Skateboard facilities in Hickson Park are not supervised by Town staff.

Splash Pads
Cool off in summer at one of the two children's water play splash pads in Town. The splash pads feature a rubber safety surface, tumbling buckets of water and several ground jets for a variety of water-play activities. The splash pads are open, weather-permitting, from mid-June to early September. Hours of operation are 9 a.m. to 9 p.m. Please note: The splash pads are not supervised by Town staff.

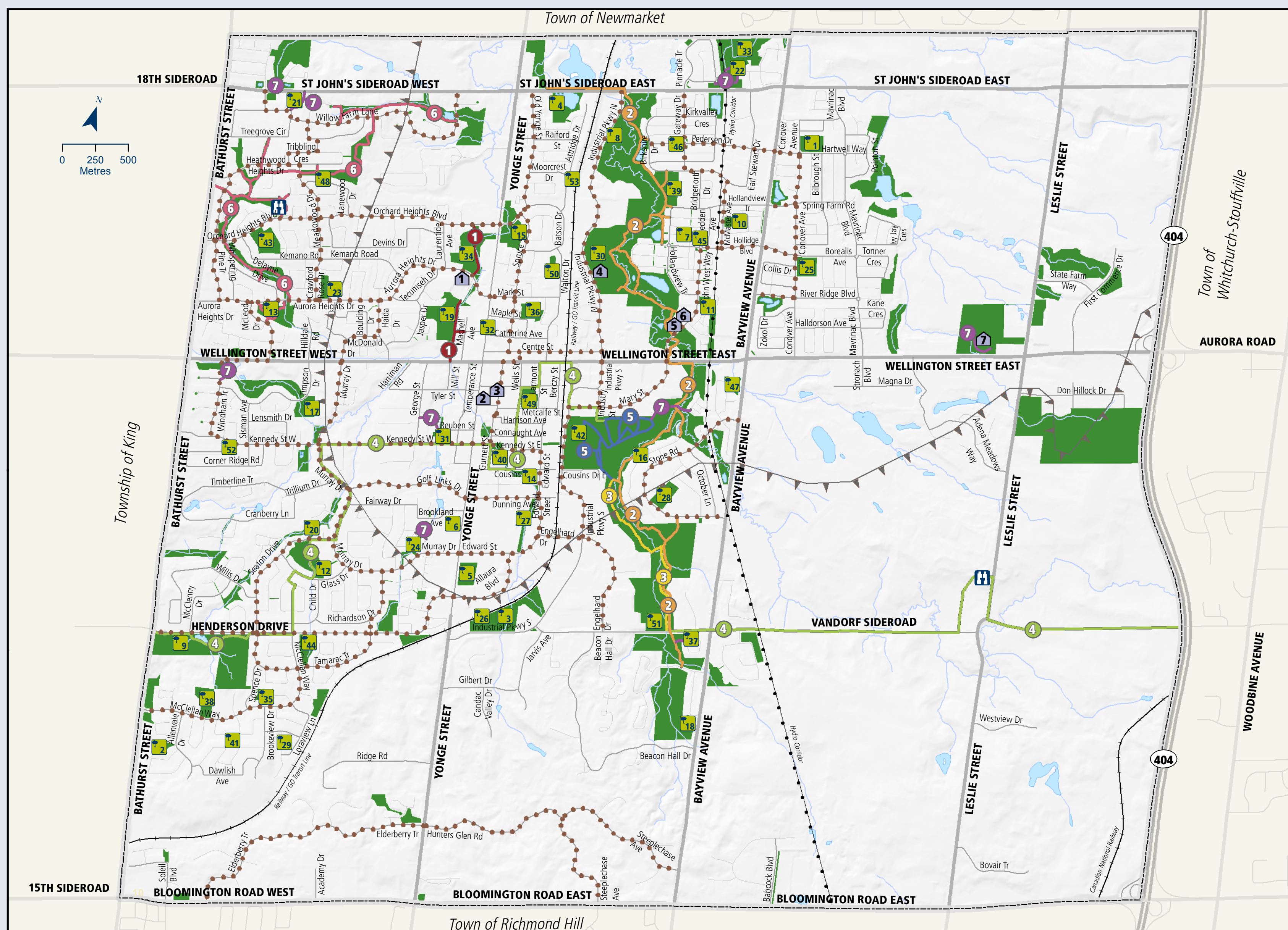
Sports Fields
The Town of Aurora maintains 18 baseball diamonds and 69 soccer fields throughout the Town, including one artificial turf field at Sheppard's Bush. The Parks & Recreation Services department requests that all sports groups refrain from using any sports field between October 15 and May 1 of each year to allow for regular maintenance and to give the fields time to rejuvenate.

Tennis Courts
All Town of Aurora tennis courts are asphalt surface, regulation size and lit until 11 p.m. daily. Please note: The Aurora Community Tennis Club operates out of the McMahon Park tennis facilities. The public has access to the courts from 9 a.m. to 12 p.m., Mondays and Fridays and from 3 p.m. to 6 p.m. on Saturdays and Sundays. The public is permitted on the courts at all other times subject to Tennis Club Members having priority.

Tobogganing
Tobogganing is permitted only in Fleury Park, Machell Park, Lambert Willson Park and Copland Park. These locations/areas are unsupervised by the Town. Surface conditions can vary widely with ice, bare ground or other conditions that pose a hazard. All tobogganers using these facilities do so at their own risk. Children should be supervised by an adult. All participants should wear appropriate personal safety equipment.

Health and Fitness

- Canada's physical activity monitor found the top three preferred physical activities among Canadian youth are walking (66 per cent), jogging or running (56 per cent) and cycling (49 per cent).
- Walking and cycling safely in neighbourhoods is an important part of being physically active, maintaining a healthy body weight and increasing social interaction.
- Trails are considered to be the safest and most preferred location to walk, cycle and use other non-motorized forms of recreation.
- Individuals who have access to trails increase their recreational activity on average by 44 per cent.
- Studies suggest that 40 per cent of chronic illness could be prevented by regular physical activity.



TOWN OF AURORA PARKS & TRAILS

- 1 Ada Johnson Park
- 2 Allenvale Park
- 3 Alliance Forest
- 4 Atkinson Park
- 5 Aurora War Memorial Peace Park
- 6 Billings Well
- 7 Bowler Street Parkette
- 8 Canine Commons
- 9 Case Woodlot
- 10 Chapman Park
- 11 Civic Square Park
- 12 Confederation Park
- 13 Copland Park

- 14 Cousins Park
- 15 Craddock Park
- 16 Deerglen Terrace Parkette
- 17 Elizabeth Hader Park
- 18 Evans Park
- 19 Fleury Park
- 20 Golf Glen Park
- 21 Graham Parkette
- 22 Hamilton Park
- 23 Harmon Park
- 24 Herb McKenzie Park
- 25 Hickson Park
- 26 Highland Field

- 27 Jack Wood Park
- 28 James Lloyd Park
- 29 Khamissa Park
- 30 Lambert Willson Park
- 31 Lions Park
- 32 Lions Parkette
- 33 Lundy Park
- 34 Machell Park
- 35 McLellan Heights Park
- 36 McMahon Park
- 37 Monkman Crescent Parkette
- 38 Norm Weller Park
- 39 Optimist Park
- 40 Rotary Park

- 41 Seston Park
- 42 Sheppard's Bush
- 43 Summit Park
- 44 Tamarac Green
- 45 Taylor Park
- 46 Thompson Park
- 47 Timbers Park
- 48 Tom's Park
- 49 Town Park
- 50 Valhalla Park
- 51 Vandorf Woodlot
- 52 Kennedy Park
- 53 Wilson Park

Aurora Trails

- 1 Fleury and Machell Park
- 2 Holland River Valley Trail (Nokidada Trail)
- 3 Klaus Wehrenberg Trail
- 4 Oak Ridges Trail
- 5 Sheppard's Bush Conservation Area
- 6 Willow Farm, Lakeview and Wimpey Trail
- 7 Municipal Trail
- Bicycle Route
- Oak Ridges Moraine Boundary

Aurora Facility

- 1 Aurora Community Centre
- 2 Aurora Public Library
- 3 Victoria Hall
- 4 Aurora Family Leisure Complex
- 5 Aurora Seniors' Centre
- 6 Aurora Town Hall
- 7 Stronach Aurora Recreation Complex

- Baseball
- Basketball
- BMX / Skateboard
- Fitness Circuit
- Outdoor Ice Rink
- Parking
- Playground
- Splash Pad
- Soccer
- Shade Structure
- Tennis
- Washrooms
- Lookout

Parks and Trail Etiquette

- General Trail Safety Tips**
- Prepare for the weather: Wear sunscreen, bring water, watch for slippery surfaces, wear appropriate footwear and dress to suit the temperature.
 - Be courteous to other trail users.
 - Plan to be off the trail system a half an hour before dusk. Please note: Most of our nature trails are not lit for nighttime use.
 - Carry identification and a cell phone if available.
 - Use the trails with a friend or with a group.

- Pet Etiquette**
- Dogs must be under control and on a leash at all times.
 - Please pick up after your dog.
 - A leash-free dog park is located at Canine Commons.

- Cycling Safely Tips**
- Yield to pedestrians or other cyclists and alert them as you approach from behind.
 - Look ahead and do not become distracted.
 - Be predictable: Follow rules, obey signs and signal your intentions.
 - Wear a helmet: Bicycle helmets are law for all Ontario cyclists under the age of 18 and they are highly recommended for cyclists of any age.
 - When you are cycling on the road you are considered to be operating a vehicle and therefore you have rights and responsibilities. If you are unsure about your duties as a cyclist, please consult the Ontario Highway Traffic Act, R.S.O. 1990.

- Respecting Nature**
- Stay on the designated trails, as walking through vegetation can destroy plants, disrupt wildlife habitat and compact the soil.
 - Please leave nature as it is for future generations to enjoy!



Adopt-a-Park Program

The Town of Aurora has been partnering with local businesses, youth groups, service clubs, schools and neighbourhoods since 1996 with our Adopt-a-Park program. Our partners have adopted local parks, open spaces and trail systems to help preserve, protect and enhance our natural environment. The program provides our partners the opportunity to develop a sense of ownership and pride in our parklands by assisting with the beautification of Aurora's parks and trails systems. There are a number of ways for interested individuals, groups and organizations to become involved in this exciting program. Town-wide community pride... YOU can make a difference!

Park Bench Donation Program

The Town of Aurora's Park Bench Donation Program allows residents to donate a park bench complete with a personalized message. Benches are installed within the Town's parks or trails system and our staff will ensure that your bench receives the care and maintenance it deserves for years to come.

Aurora Community Arboretum

The Town of Aurora treasures the community's Arboretum. It was developed and is run by members of the Aurora community under the direction of the Aurora Community Arboretum Inc., a not-for-profit corporation established in 1995 under an Adopt-a-Park agreement within The Town of Aurora. The Arboretum is made up of more than 100 acres of land along the East Holland River which includes more than 100 species of trees and shrubs. Commemorative trees, Flora Aurora and the Discovery Trail are just a few initiatives of the Aurora Community Arboretum. We strongly encourage you to explore and discover this beautiful urban oasis in the heart of Aurora.

